SPIRITUAL Inventory

This quick assessment is designed to give you an idea of the areas of strength and weakness in your current spiritual life.

Take the assessment rating yourself on a scale from 1 to 5 on each item.

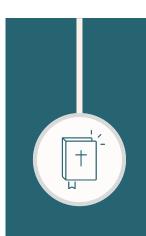






BELIEFS & UNDERSTANDING

These questions are aimed at core beliefs and biblical literacy.



SPIRITUAL RHYTHMS

These questions are aimed at personal spiritual disciplines.



RELATIONSHIPS

aimed at the health of your relationships with both believers and non-believers.



CHARACTER

These questions are aimed at the integrity reflected in your heart and actions.



SERVICE

These questions are aimed at the priority you place on generosity and care for others.



EVANGELISM

These questions are aimed at your resolve to help others become like Jesus.



BELIEFS & UNDERSTANDING

- 1. ______ I believe Jesus provides the only way to have a relationship with God.
- 2. _____ I believe my prayers impact my life and the lives of others.
- 3. _____ I believe the Bible is God's Word and provides vital instructions for my life.
- 4. _____ I acknowledge my personal guilt of sin and need for salvation.
- 5. _____ I have trusted Christ as my Savior.
- 6. _____ I recognize that everything belongs to God and is to be used for him.
- 7. ______ I evaluate cultural ideas and make life decisions based on biblical standards.
- 8. I understand basic Christian doctrine.
- 9. _____ I can describe the key differences between the Old and New Testaments.
- 10._____ I live without guilt and shame because I truly believe in Christ's forgiveness.

Rate yourself on a scale from 1 to 5 on each item and write your total below.

TOTAL



SPIRITUAL RHYTHMS

- 1. _____ I maintain an attitude of prayer throughout each day.
- 2. ______ I regularly participate in corporate worship.
- 3. _____ I engage in a consistent prayer time.
- 4. _____ I pray about decisions before I make a commitment.
- 5. _____ Regular participation in group prayer characterizes my prayer life.
- 5. _____ I regularly pray for non-believers I know.
- 7. _____ I consistently read and study the Bible.
- 8. _____ I am pursuing habits that are helping me become more like Jesus.
- 9. _____ I meet regularly with a group of Christians for fellowship and accountability.
- 10._____ I take regular time for silence and solitude away from my phone, email and distractions.

Rate yourself on a scale from 1 to 5 on each item and write your total below.

TOTAL

RELATIONSHIPS

- 1. _____ I allow other Christians to hold me accountable for spiritual growth.
- 2. _____ I have an easy time receiving advice, encouragement, and correction from other Christians.
- 3. _____ I allow people in my Christian group to know the real me.
- 4. _____ I have a group of Christian friends that I can call on when there is a crisis in my life.
- 5. _____ I am gentle and kind in my interactions with others.
- 6. _____ I help others to move toward maturity in their faith.
- 7. _____ My actions demonstrate a commitment to the Great Commission (Matthew 28-19:20)
- 8. _____ I cultivate friendships with unbelievers in order to lead them to Christ.
- 9. _____ I understand the biblical responsibility to care for others.
- 10._____ I am respectful of others' opinions.

Rate yourself on a scale from 1 to 5 on each item and write your total below.

TOTAL

CHARACTER

- 1. _____ Generally, my public and private self are the same.
- 2. _____ I have a teachable spirit.
- 3. ______ My actions demonstrate a desire to build God's kingdom rather than my own.
- 4. _____ Peace, contentment, and joy characterize my life rather than worry and anxiety.
- 5. _____ I forgive others when their actions harm me.
- 6. _____ I seek forgiveness from those I've hurt.
- 7. ______ I stop and think about my words before I speak them.
- 8. _____ I am able to praise God through difficult times.
- 9. _____ I manage my money wisely
- 10. My sexual ethics align with God's standard.

Rate yourself on a scale from 1 to 5 on each item and write your total below.

TOTAL



- 1. _____ I sacrifice time on my calendar to bless others.
- 2. ______ I recognize that everything belongs to God and is to be used for him.
- 3. _____ I serve others expecting nothing in return.
- 4. _____ I act as if other's needs are as important as my own.
- 5. _____ I take the initiative to meet the needs of others.
- 6. _____ I understand my spiritual gifts and use those gifts to serve others.
- 7. ______ I sacrificially contribute my finances to help others in my church and community.
- 8. _____ I go out of my way to show love to people I meet.
- 9. _____ Meeting the needs of others provides a sense of purpose in my life.
- 10._____ I am quick to listen, slow to speak and slow to get angry.

Rate yourself on a scale from 1 to 5 on each item and write your total below.

TOTAL

EVANGELISM

- 1. _____ I feel comfortable explaining the Gospel to others.
- 2. _____ I expect God to use me every day in His kingdom work.
- 3. ______ My actions demonstrate a commitment to the Great Commission (Matthew 28-19:20)
- 4. _____ I cultivate friendships with unbelievers in order to lead them to Christ.
- 5. _____ I share my faith with non-believers.
- 6. ______ I look for opportunities to share what God has done in my life to encourage others.
- 7. _____ I teach others how to share their faith with non-believers.
- 8. ______ I see my painful experiences as opportunities to minister to others.
- 9. ______ My time commitments demonstrate that I value lost people coming to know Jesus over work/hobbies.
- 10._____ I can answer questions about life and faith from a biblical perspective.

Rate yourself on a scale from 1 to 5 on each item and write your total below.

TOTAL



RESULTS

Chart your results below. Then take some time to reflect and pray. What areas of **strength** do you have that God is calling you to maximize? What areas of **weakness** do you have that God is calling you to sharpen?

BELIEFS & UNDERSTANDING						
SPIRITUAL RHYTHMS						
RELATIONSHIPS						
CHARACTER						
SERVICE						
EVANGELISM						
	0	10	20	30	40	50